

T A T T U
ALLERGENS GUIDE

Edinburgh

Our kitchen environment is high risk and special cooking equipment is used to prepare our cuisine. As a result, Tattu cannot guarantee an allergen-free environment or that cross-contamination will not have occurred during our processes. Please check back regularly as our dishes change with the seasons and suppliers.

Snacks	Gluten	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts	Crustaceans	Fish	Molluscs
(DF) Lotus Chip Mess		X		MC		X		MC				X	X	
(DF) Shishito Peppers		X												
(DF) Crispy Kale Seaweed	MC WHEAT	X		MC			MC	MC	X			MC		MC

Dim Sum	Gluten	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts	Crustaceans	Fish	Molluscs
(DF) Crispy Duck Rolls	X WHEAT	X			X				X	MC	MC	MC	MC	MC
(DF) Sticky Beef Short Rib	X WHEAT	X		MC			MC	MC	X					
(DF) Wild Mushroom Spring Roll	X WHEAT	MC		MC	X		MC	MC	MC			MC		MC
(DF) Salt and Pepper Aubergine	X WHEAT	X		MC	X	X	MC	MC	X	MC	MC	MC	MC	MC
(DF) Lobster and Prawn Toast	X WHEAT	X		MC			X	MC	X			X		

Large Plates	Gluten	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts	Crustaceans	Fish	Molluscs
(DF) Wok Fired Angry Bird	X WHEAT	X		X			X	MC	X	MC	X CASHEW			
(DF) Aromatic Duck Pancakes	X WHEAT	X		MC	X		MC	MC	X	MC	MC	MC	MC	MC
Caramel Soy Beef Fillet	MC WHEAT	X		MC	X		MC	MC	MC					
(DF) Sweet and Sour Iberico				X		X		MC						
Japanese Black Wagyu Ribeye	MC WHEAT	X		MC			MC	MC	X					
Black Pepper and Honey Ribs	X WHEAT	X		MC			MC	MC	X					
(DF) Shredded Lamb Buns	X WHEAT	X		MC	MC	MC	MC	MC	X					X
(DF) OK Glazed Tempeh	X BARLEY/RYE MC WHEAT	X		X			MC	MC	X					
(DF) Vegetarian Chicken and Black Bean	X WHEAT	X				MC	X		X	MC				
(DF) Thai Style Monkfish	X WHEAT	X		MC		X	X	MC					X	
Kung Po King Prawn	X WHEAT	X		MC				MC	X			X		

Rice, Noodles & Vegetables	Gluten	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts	Crustaceans	Fish	Molluscs
Steamed Jasmine Rice	MC WHEAT	MC		MC			MC	MC	X					
Beetroot and Candy Rice	MC WHEAT	X		MC			MC	MC	MC					
Duck Egg Chinese Sausage Fried Rice	X WHEAT	X				X	X							
Soy Beansprout Noodles	X WHEAT	X					X							
Singapore Noodles	MC WHEAT	X		MC			MC	X	MC			X		
(DF) Special Fried Sweet Potato		X							X					
Sweet Soy Asparagus	MC WHEAT	X		MC			MC	MC	X					

KEY

X Allergen Present Allergen Not Listed in Ingredients MC Ingredients May Contain Allergen (DF) Deep Fried in Shared Oils

Desserts	Gluten	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts	Crustaceans	Fish	Molluscs
Banana Fritter	X WHEAT	MC		MC	X	X	MC	MC	MC					
Asian Pear Sticky Toffee Pudding	X WHEAT	X		MC			X	MC	MC	MC	X ALMOND			
(DF) Tang Yuan Doughnuts	X WHEAT	X		MC			MC	MC	X					

Cocktails	Gluten	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts	Crustaceans	Fish	Molluscs
Skull Candy				MC				MC						
Crouching Tiger					X									
Cherry Blossom Negroni					X		X							

Non Alcoholic	Gluten	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts	Crustaceans	Fish	Molluscs
Sweet Skullduggery				MC				MC						

Bottled	Gluten	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts	Crustaceans	Fish	Molluscs
Tiger	X BARLEY													

Softs	Gluten	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts	Crustaceans	Fish	Molluscs
Coca Cola														
Diet Coca Cola														
Fevertree Lemonade														
Double Dutch Tonic														
Double Dutch Skinny Tonic														

Sparkling	Gluten	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts	Crustaceans	Fish	Molluscs
Laurent Perrier La Cuvee							X							
Laurent Perrier Rose Brut							X							
Prosecco - Ca' Del Console							X							

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(DF) Deep Fried in Shared Oils

White Wine	Gluten	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts	Crustaceans	Fish	Molluscs
Pinot Grigio Mezzacorona							X							
Gavi di Gavi La Contessa							X							
Petit Chablis Jean Marc Brocard							X							
Marlborough Coopers Creek							X							

Red Wine	Gluten	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts	Crustaceans	Fish	Molluscs
Merlot Mezzacorona							X							
Malbec Winemakers Reserve Norton							X							
Rioja Crianza Valdemar							X							
Cabernet Sauvignon Buena Vista						X	X							

Rosé Wine	Gluten	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts	Crustaceans	Fish	Molluscs
Pinot Grigio Mannara							X							
M De Minuty							X							

KEY

X

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(DF)

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